

## Sooji Halwa

### Ingredients:

- Sooji ½ cup
- Ghee  $\frac{1}{4}$   $\frac{1}{2}$  cup
- Besan 1-2 teaspoon
- Sugar ½ cup
- Water 2 cups
- Saffron (Kesar) few strands (optional)
- Small Cardamom (Elaichi) 2-3 (optional)
- Raisins handful (optional)
- Chopped almonds and pistachios To garnish

### Method:

- Add ghee to a pan.
- Add sooji and roast it till the desired color.
- In another pan mix the sugar, water, elaichi, kesar, raisins and give it a quick boil.
- As soon as the sooji is roasted add the warm sugar syrup into it and cook till all the water has incorporated.
- Garnish with chopped nuts and serve.



# Aata Halwa (Kadha Prasad style)

## Ingredients:

- Aata- ½ cup
- Ghee  $\frac{1}{2}$  cup
- Sugar ½ cup
- Water 1 cup or more
- Chopped almonds and pistachios To garnish (optional)

### Method:

- Add ghee to a pan.
- Add aata and roast it till the desired color.
- Add water and allow it to be absorbed.
- When it is almost done, add sugar and mix.
- Garnish with chopped nuts and serve.



## Besan Halwa

## Ingredients:

- Besan- ½ cup
- Sooji 1 teaspoon
- Ghee 1/3 1/2 cup
- Sugar 1/3 cup
- Water 1 cup or more
- Broken Cashew nuts handful
- Cardamom powder a pinch
- Chopped almonds and pistachios To garnish (optional)

## Method:

- Add ghee to a pan.
- Add Besan + sooji and roast it till the desired color.
- Add water and allow it to be absorbed.
- When it is almost done, add sugar and mix.
- Garnish with chopped nuts and serve.